



## APRIL ACTIVITIES

Date	Time	Activity
Wed. Apr. 1 <sup>st</sup>	5:00-6:00 6:00-7:00 7:00-8:00	Sparring Drills Olympic Sparring Olympic Sparring
Mon. Apr. 6 <sup>th</sup>	5:00-6:00 6:00-7:00 7:00-8:00	Sparring Drills WTF Forms Only Olympic Sparring
Tue. Apr. 7 <sup>th</sup>	5:00-6:00 6:00-7:00 7:00-8:00 8:00-8:45	WTF Forms Tae-Bo / Kickboxing Black Belt Class (MANDATORY) ADULT CLASS
Fri. Apr. 10 <sup>th</sup>	6:00-7:00 7:00-8:00	All new team members- Training- ITF Forms All new team members- Training-Olympic Sparring (TEAM MEMBERS ONLY)
Sat. Apr. 11 <sup>th</sup>	12:00-1:30 1:30-3:00 6:00-11:00	ITF TEAM- Practice- TEAM MEMBERS ONLY TEAM OLYMPIC-Practice- TEAM MEMBERS ONLY VIDEO Game Night
Tue. Apr. 14 <sup>th</sup>	5:00-6:00 6:00-7:00 7:00-8:00 8:00-8:45	WTF Forms Tae-Bo / Kickboxing Black Belt Class (MANDATORY) ADULT CLASS
Thur. Apr. 16 <sup>th</sup>	5:00-6:00 6:00-7:00 7:00-8:00 8:00-8:45	WTF Forms Grappling-Tap out Class Shinai Class ADULT CLASS
Fri. Apr. 17 <sup>th</sup>	6:00-7:00 7:00-8:00	All new team members/ Training- ITF Forms All new team members/ Training-Olympic Sparring (TEAM MEMBERS ONLY)
Tue. Apr. 21 <sup>st</sup>	5:00-6:00 6:00-7:00	WTF Forms Tae-Bo Class
Wed. Apr. 22 <sup>nd</sup>	5:00-6:00 6:00-7:00 7:00-8:00	Sparring Drills for All students All new team members- Training- ITF Forms All new team members- Training-Olympic Sparring
Fri. Apr. 24 <sup>th</sup>		<b>SCHOOL CLOSED</b> <b>Orlando Taekwondo Qualifier</b>
Tue. Apr. 28 <sup>th</sup>	5:00-6:00 6:00-7:00 7:00-8:00 8:00-8:45	WTF Forms Tae-Bo / Kickboxing Black Belt Class (MANDATORY) ADULT CLASS

**“Home of Team OLYMPIC & Team CH’ANG-HON”**