



FEBRUARY ACTIVITIES

TEAM OLYMPIC TRAINING EVERY MON., WED., FRI.
Mon/Wed/Fri/ 7:00- 8:00

Date	Time	Activity
Tue. Feb. 5 th	6:00-7:00	Tae-Bo Class
Thur. Feb 7 th	7:00-8:00 8:00-8:30	Shanai class Black Belts Only Class
Fri. Feb 8 th	6:00-7:00	Combaton practice
Tue. Feb 12 th	6:00-7:00	Tae-Bo class
Thur. Feb 14 th	6:00-7:00 7:00-8:00 8:00-8:30	Forms scoring for Tournament Shanai class All Forms for Tournament
Fri. Feb 15 th	5:00-7:00	Tournament set up (All members of the DeJesus Taekwondo help set up – Davie Police Athletics League)
Sat. Feb 16 th	9:00-6:00	2008 AAU Taekwondo Championship (Qualifier)
Mon. Feb 18 th	6:00-8:00	Combaton practice
Tue. Feb 19 th	6:00-7:00	Tae-Bo class
Wed. Feb 20 th	7:00-8:00	Combaton practice
Thur. Feb 21 st	7:00-8:00 8:00-8:30	Shanai class Black Belts only class
Sat. Feb 23 rd		Combaton Tournament In Orlando
Tue. Feb 26	6:00-7:00	Tae – Bo class
Thur. Feb 28 th	6:00-7:00 7:00-8:00	Hapkido Grappling Bo- Staff / Shanai class
Fri. Feb 29 th	6:00-11:00	Movie Night

“Home Of Team Olympic”