



JANUARY ACTIVITIES 2010
EVERY TUESDAY TAE-BO CLASS

Date	Time	Activity
Mon. Jan 4 th	6:00- 7:00 7:00- 8:00	WTF Forms TEAM OLYMPIC Daedo True Score Electronic Hogu Training
Wed. Jan 6	6:00- 7:00 7:00- 8:00	WTF Forms Olympic Sparring Drills (all students)
Fri. Jan 8 th	6:00- 7:00 7:00- 8:00	Team CH'ANG- HON Team OLYMPIC
Sat. Jan 9 th	11:00- 12:30 12:30- 2:00	Team CH'ANG- HON Team OLYMPIC
Mon. Jan 11 th	6:00- 7:00 7:00- 8:00	WTF Forms TEAM OLYMPIC Daedo True Score Electronic Hogu Training)
Wed. Jan 13 th	6:00- 7:00 7:00- 8:30	WTF Forms Olympic Sparring Drills (all students)
Thur. Jan 14 th	6:00-7:00 7:00- 8:00	MATCH TOOL SHANAI BATTLE
Fri. Jan 15 th	School Closed	 Set up for Miami Daedo Tournament @ St. Thomas University
Sat Jan 16 th	Starts @ 9 am	Miami Open challenge Tournament
Mon Jan 18 th	6:00- 7:00 7:00- 8:00	WTF Forms TEAM OLYMPIC Daedo True Score Electronic Hogu Training
Wed. Jan 20 th	6:00-7:00 7:00- 8:00	Team Training outside
Fri. Jan 22 nd	6:00-7:00 7:00- 8:00	Team CH'ANG- HON Team OLYMPIC
Sat. Jan 23 rd	2 pm -Till	<i>Gerabyn L. De Jesus Birthday Party</i> 
Mon. Jan 25 th	6:00- 7:00 7:00- 8:00	WTF Forms TEAM OLYMPIC Daedo True Score Electronic Hogu Training

“Home of Team OLYMPIC & Team CH'ANG-HON”