



JUNE ACTIVITIES

TEAM OLYMPIC TRAINING EVERY MON., WED., FRI.
Mon/Wed/Fri/ 7:00- 8:00

Date	Time	Activity
Tue.June 3 rd	6:00-7:00 7:00-8:00	Tae-Bo Class Forms Class
Thur.June 5 th	5:00-6:00 6:00-7:00 7:00-8:00	Forms Class For Testing Grappling(Tap Out) Shanai Class
Sat.June 7 th	8:00am 4:00pm	DeJesus Taekwondo is going to the 2008 Central Florida Taekwondo Scrimmage
Tue.June 10 th	5:00-6:00 6:00-7:00 7:00-8:00	Forms Class for Testing Tae-Bo Class Forms and Breaking Class
Thur.June12 th	5:00-6:00 6:00-7:00 7:00-8:00	Forms and Breaking Class Hapkido Grapping Shanai Contact Class
Sat.June14 th	6:00-11:00	VIDEO GAME NIGHT
Tue.June17 th	5:00-6:00 6:00-7:00 7:00-8:00	Forms and Breaking Class Tae-Bo Class Forms Class for Testing
Thur.June19 th	5:00-6:00 6:00-7:00 7:00-8:00	Hapkido Class Grappling Class (Tap Out) Shanai Contact Class
Sat.June21 st	9:00-4:00	2008 Florida Gold Coast AAU Taekwondo Invitational Tournament...Police Athletic League
Tue.June24 th	5:00-6:00 6:00-7:00 7:00-8:00	Forms and Hapkido Class Tae-Bo Class Black Belts Only Class (MANDATORY)
Thur.June26 th	5:00-6:00 6:00-7:00 7:00-8:00	Forms Class For Testing Grappling(Tap Out) Shanai Class
Sat.June 28 th	11:00-1:00 1:00-2:30	Color Belt Testing RED /SR.RED/BO-DAN TESTING

“Home of Team Olympic”