



MARCH ACTIVITIES

TEAM OLYMPIC TRAINING EVERY MON., WED., FRI.

Mon/Wed/Fri/ 7:00- 8:00

Date	Time	Activity
Tue. Mar 4th	6:00-7:00	Tae-Bo Class
Thur. Mar 6	7:00-8:00 8:00-8:30	Shanai class Black Belts Class Only
Sat. Mar 8th	11:00-1:00	All color Belt Testing
Tue. Mar 11th	6:00-7:00	Tae-Bo class
Thru. Mar 13th	6:00-7:00 7:00-8:00 8:00-8:30	Hapkido grappling Shanai class Black Belt Class WTF/ ITF forms
Sat. Mar 15th	6:00-11:00	Video Game Night 10 yr olds and older
Tue. Mar 18th	6:00-7:00	Tae-Bo Come Join us
Thur. Mar 20th	7:00-8:00 8:00-8:30	Shanai Black Belt ITF forms
Sat . Mar 22nd	11:00-12:00 12:00-1:00	Black Belt Sword class 15 yrs old and over Forms Class
Tue. Mar 25th	6:00-7:00	Tae-Bo Class
Thur. Mar 27th	6:00-7:00 7:00-8:00 8:00-8:30	Hapkido (Tap out) Shanai Black Belt Class

“Home of Team Olympic”