



MAY ACTIVITIES

TEAM OLYMPIC TRAINING EVERY MON., WED., FRI.

Mon/Wed/Fri/ 7:00- 8:00

Date	Time	Activity
Fri. May 2nd	6:00-11:00	MOVIE NIGHT
Sat. May 3rd	6:00- 11:00	VIDEO GAME NIGHT
Tue. May 6th	6:00-7:00	Tae-Bo class
Thur. May 8th	6:00-7:00 7:00-8:00 8:00-8:30	Hapkido grappling Shanai class Black Belt Class WTF/ ITF forms
Sat. May 10th	11:00-3:00	Black Belt Testing
Tue. May 13th	6:00-7:00	Tae-Bo Come Join us
Thur. May 15th	6:00-7:00 7:00-8:00 8:00-8:30	Hapkido grappling Shanai class Black Belt Class
Sat. May 17th	9:00-4:00	2008 Florida Gold Coast AAU Taekwondo Open
Tue. May 20th	6:00-7:00	Tae-Bo Come Join us
Thur. May 22nd	6:00-7:00 7:00-8:00 8:00-8:30	Hapkido grappling(Tap out) Shanai class Black Belt Class ITF forms
Tue. May 27th	6:00-7:00	Tae-Bo Come Join us
Thur. May 29th	6:00-7:00 7:00-8:00 8:00-8:30	Hapkido grappling Shanai class Black Belt Class

“Home of Team Olympic”