



## NOVEMBER ACTIVITIES

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**TEAM OLYMPIC TRAINING EVERY MON., WED., FRI., and SAT.**

**Mon/Wed/Fri/ 7:00- 8:00**

**Sat. Afternoon**

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Sat. Nov. 3 <sup>rd</sup>	11:00 to 12:30	Color Belt Testing
Tue. Nov 6 <sup>th</sup>	6:00 to 7:00	<b>Tae-Bo Free to All come join us</b>
Sat. Nov. 10 <sup>th</sup>	11:00 to 1:00 6:00 to 11:00	Red-Sr. Red- Bo-Dan Testing <b>Movie Night</b>
Tues. Nov. 13 <sup>th</sup>	6:00 to 7:00	Tae-Bo come join us
Thur. Nov. 15 <sup>th</sup>	7:00 to 8:00	Kickboxing Training
Fri. Nov. 16 <sup>th</sup>	6:00 to 7:00	Hapkido- Grappling Class
Sat. Nov. 17 <sup>th</sup>	11:00 to 3:00	Black Belt Testing
Tue. Nov. 20 <sup>th</sup>	6:00 to 7:00	Tae-Bo Kick Boxing night work out
Thur. Nov. 22 <sup>nd</sup>	<b>SCHOOL CLOSED THANKSGIVING</b>	
Fri. Nov. 23 <sup>rd</sup>	12:00 to 6:00	<b>GAME DAY</b> <b>Basketball, Floor Hockey, Soccer Tournament</b>
Sat. Nov. 24 <sup>th</sup>	1:00 to 3:00 6:00 to 11:00	Outdoor Track Training <b>Video Game Night</b>
Tue. Nov. 27 <sup>th</sup>	6:00 to 7:00	Tae-Bo Workout
Wed. Nov. 28 <sup>th</sup>	6:00 to 8:00	Team Olympic Training
Thur. Nov. 29 <sup>th</sup>	7:00 to 8:00	ITF Forms

**“Go team Olympic”**